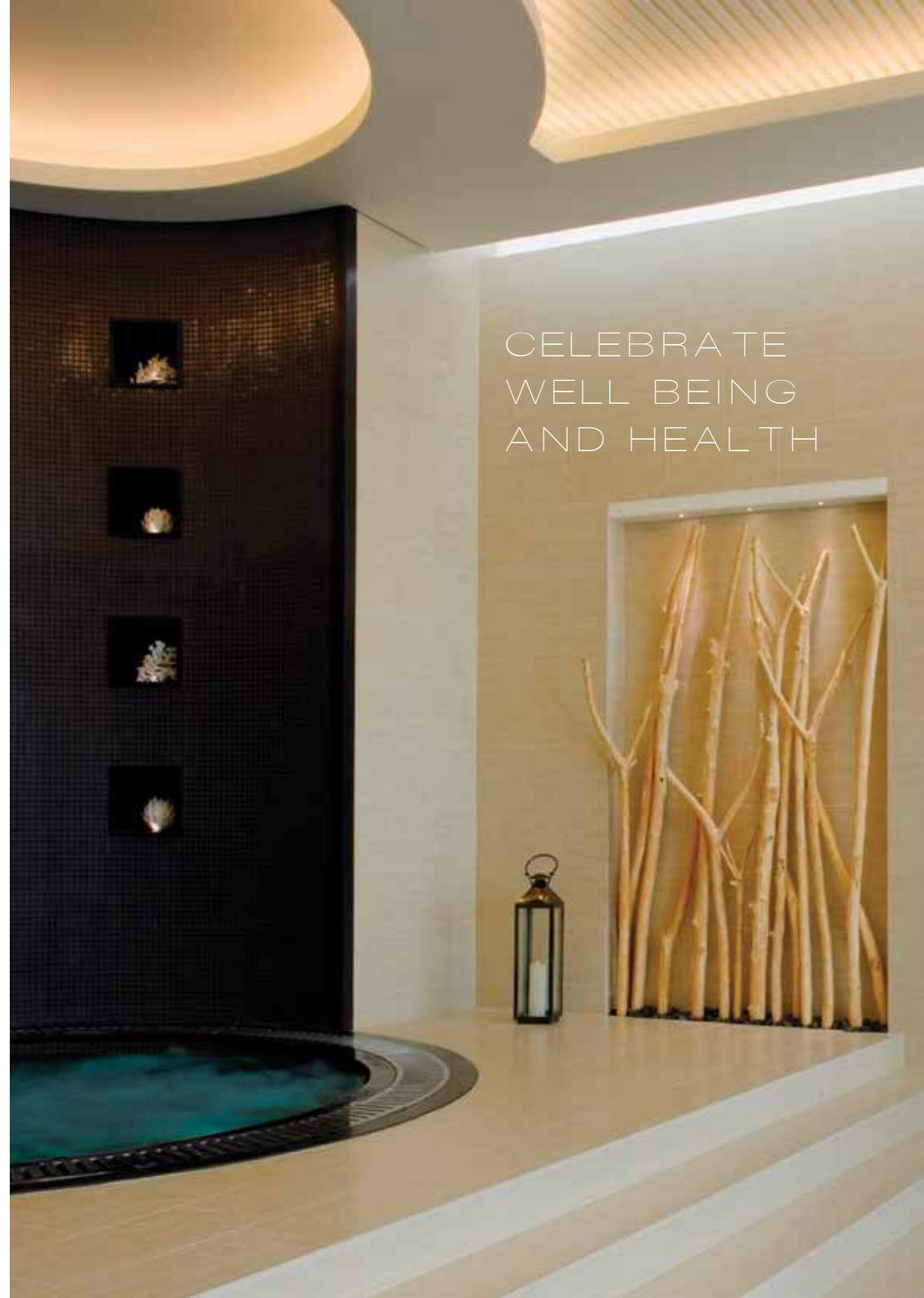


SAADIYAT BEACH CLUB



SPA MENU

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CELEBRATE
WELL BEING
AND HEALTH

SIGNATURE TREATMENTS

SAADIYAT BEACH CLUB SIGNATURE FACIAL

Relax as you enjoy an aromatic warm facial that softens and exfoliates. This nurturing face mask is rich in herbal extracts to purify and hydrate the skin. The luxurious Sodashi Plant Essence Synergies will leave your skin revitalised and fresh. To complete your experience, a moisture-rich Scalp Mask is then massaged over the scalp to release pressure and tension. This unique treatment is left to deeply nourish the scalp and leave the hair feeling silky and looking shiny.

THE SAMADARA ULTIMATE AGE-DEFYING FACIAL

The Samadara™ Ultimate Age-Defying Facial from Sodashi uses a sequence of timeless, anti-aging techniques rooted in Ayurvedic healing traditions that are designed to reawaken the skin's natural healing energies. Turn back the hands of time and transform your skin with this intensely hydrating and nourishing treatment to increase firmness and elasticity, diminish the appearance of fine lines and restore a youthful glow. A Rose Quartz Crystal facial massage enables the powerful Samadara™ Ultimate Age-Defying Crème to penetrate deeply into the skin for maximum benefit.

SODASHI SUN SOOTHER

Soothing Sodashi compresses with Lavender and Geranium plant essences are gently placed over your body to calm redness and irritation. Then a cooling mist is spritzed on the skin to reduce body heat. A selection of treatment lotions are then applied to activate skin rejuvenation, moisturise, even skin tone and prevent skin damage.

SODASHI SIGNATURE RELAXATION MASSAGE

Combining the healing power of touch with Sodashi's unique techniques, this deeply relaxing massage uses smooth stroking movements with light to medium pressures to encourage an increase in lymphatic circulation and balance the energy meridians in the body.

CHAKRA BALANCING TREATMENT

Deeply meditative, this experience brings the body's seven main Chakras into alignment through a fluid combination of massage, specific essential oil blends and healing crystals. Working subtly on the energetic body with profound effects, this truly unique experience leaves you feeling calm and in a state of harmony, resulting in an increase in overall wellbeing.

TREATMENTS

INDULGENT GROOMING BY SODASHI*

Begin with a relaxing back massage which utilises the natural detoxifying ingredients in the Fitness Massage and Body Oil. Continue with a deep cleansing and exfoliating facial which uses the Purifying Green Clay Mask. This balances the skin's natural oils which aids in the appearance of blocked pores. Sodashi's soothing mists with woody aromas will de-sensitise your skin and a relaxing facial massage will tone and firm the muscles, leaving you looking fresh and revitalised. Perfect for preventing ingrown hairs.

*Designed for Men

CORRECTIVE CONTOUR CELLULITE TREATMENT

Beginning with an invigorating exfoliation that combines finely ground pumice and volcanic clay, your treatment is then followed with an invigorating lymphatic drainage massage. Sodashi's Toxicleanse Massage and Body Oil uses Grapefruit and Juniper Berry to stimulate the Lymphatic system and assist in the removal of accumulated toxins, which are a common cause of cellulite. After a refreshing shower, specialised contouring gel and cream are applied to your body, leaving your skin feeling and looking toned and lustrous.

COMPLETE REJUVENATION

This treatment begins with a Body Balance Salt Scrub to exfoliate and cleanse the whole body. A nurturing full body mask is applied and you will be cocooned in a comforting body wrap, whilst enjoying a scalp massage for total relaxation. Sodashi's Refining Body Mask rich in

French Pink Clay and herbal extracts, firms, tones and conditions the skin. This rejuvenating therapy is extremely beneficial in the treatment of renewing scar tissue and stretch marks.

ULTIMATE FITNESS MASSAGE

This rebalancing treatment uses Sodashi Fitness Massage Oil, which contains a blend of warming essences that gently releases tension from aching muscles and joints. Perfect after physical exercise or exertion.

DEEP TISSUE

De-stress your body with a deep tissue massage, using slow and firm strokes, concentrating on the different pressure points around the body. This treatment has been designed to relieve muscle ache and tension, leaving your body feeling revitalised and restored.

HAND & FOOT REFLEXOLOGY

Be taken to a state of complete relaxation, while our skilled therapists use specialised techniques working on predefined pressure points that are located on the hands and feet. This treatment is sure to leave you feeling balanced in both body and mind.

SWEDISH MASSAGE

Indulge yourself with our classic Swedish Massage, which is tailored to suite your individual needs. This invigorating massage helps to improve circulation while alleviating muscle tension, leaving you feeling refreshed and revived.



SPA RATES (AED)

SIGNATURE TREATMENTS

Saadiyat Beach Club Signature Facial | 60min / 425

Samadara Ultimate Age-Defying Facial | 105min / 725

Sodashi Sun Soother | 60min / 325

Sodashi Signature Body Massage | 60min / 395 | 90min / 450

TREATMENTS

Indulgent Grooming | 60min / 375

Corrective Contour & Cellulite Treatment | 75min / 395

Complete Rejuvenation | 60min / 375

Ultimate Fitness Massage | 60min / 395 | 90min / 450

Deep Tissue Massage | 45min / 330 | 60min / 400 | 90min / 495

Hand & Foot Reflexology | 45min / 350

Swedish Massage | 60min / 400 | 90min / 495

WAXING

Full face / 100

Half arms / 80 | Full arms / 100

Under arms / 80

Half legs / 120 | Full legs / 150

Brazilian / 150

Back / 160

Chest / 150

Full body / 450

RESERVATIONS

The Spa at Saadiyat Beach Club, is open daily from 10am to 9pm.
To avoid disappointment, please reserve all treatments in advance.